

100 GRAM NUTRITIONAL



3236 Chelsea Road West · Monticello, MN 55362
 PH: (763) 295-2273 · FX: (763) 295-4220
 www.karlsburger.com

WHITE CHICKEN CHILI PEPPER BASE

Item #14920

Nutrients	Per Serving	Per 100g	Nutrients	Per Serving	Per 100g
Basic Components			Vitamin B2 (mg)	0.01	0.23
Gram Weight (g)	6.00	100.00	Vitamin B3 - Niacin Equiv (mg)	0.01	0.13
Calories (kcal)	13.70	228.38	Vitamin B6 (mg)	0.00	0.06
Calories from SatFat (kcal)	2.00	33.25	Folate, DFE (mcg DFE)	0.03	0.52
Fat (g)	0.61	10.20	Folic Acid (mcg)	0	0
Saturated Fat (g)	0.22	3.69	Vitamin B12 (mcg)	0.01	0.19
Poly Fat (g)	0.12	2.00	Biotin (mcg)	--	--
Mono Fat (g)	0.21	3.54	Pantothenic Acid (mg)	0.02	0.41
Trans Fatty Acid (g)	0.00	0.06	Minerals		
Cholesterol (mg)	1.54	25.65	Sodium (mg)	761.57	12692.89
Carbohydrates (g)	1.61	26.80	Fluoride (mg)	0.17	2.81
Total Sugars (g)	1.23	20.54	Calcium (mg)	5.51	91.87
Added Sugar (g)	0.90	15.05	Iron (mg)	0.09	1.48
Dietary Fiber (2016) (g)	0.06	0.97	Potassium (mg)	16.29	271.49
Soluble Fiber (2016) (g)	0	0	Phosphorus (mg)	7.17	119.56
Insoluble Fiber (2016) (g)	0	0	Iodine (mcg)	0	0
Protein (g)	0.55	9.13	Magnesium (mg)	1.00	16.74
Water (g)	1.13	18.79	Zinc (mg)	0.01	0.18
Vitamins			Selenium (mcg)	0.00	0.07
Vitamin D - mcg (mcg)	0.10	1.72	Copper (mg)	0.00	0.02
Vitamin D - IU (IU)	4.13	68.91	Manganese (mg)	0.00	0.07
Vitamin A - RAE (mcg)	1.12	18.61	Chromium (mcg)	0.01	0.24
Beta-Carotene (mcg)	2.84	47.29	Molybdenum (mcg)	--	--
Vitamin C (mg)	0.07	1.18	Chloride (mg)	--	--
Vitamin E - Alpha-Toco (mg)	0.01	0.11	Other Nutrients		
Vitamin K (mcg)	0.01	0.18	Sugar Alcohol (g)	--	--
Vitamin B1 (mg)	0.00	0.06	Choline (mg)	0.01	0.11

Product: White Chicken Chili Pepper Base Version: 6.15.18

Revision: Remove PHO

This information represents typical values and is presented in the belief that it is accurate and reliable; however, no warranty is either expressed or implied.



ALLERGEN FORM

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The food allergens listed below may produce life-threatening reactions in sensitive individuals.

ALLERGEN	YES	NO
Soybeans or soybean products	X	
Wheat or wheat products		X
Milk	X	
Eggs or egg products		X
Peanuts or peanut products		X
Fish and fish products (cod, haddock, salmon)	___ If yes, specify type(s):	X
Crustacean Shellfish and their products (shrimp, crab, lobster)	___ If yes, specify type(s):	X
Tree Nuts (almond, brazil nuts, cashew, chestnut, hazelnut (filbert), macadamia nut, pecan, pine nuts (pinyon, pinon) pistachio, walnut)	___ If yes, specify type(s):	X
Sulfites ≥ 10 ppm	___ If yes, specify < ___ ppm	X
MSG		X

All products produced by Karlsburger Foods are made on equipment that produces products that contain soybeans, wheat, milk, eggs, peanuts, fish, MSG and ingredients containing GMO's. Karlsburger Foods has implemented means to avoid cross contamination with all allergens.

If there are any other allergens of concern not listed above, please specify:

Completed by: Bren Stepp
Title: Sr. Product Development Manager
Date: 6/15/2018